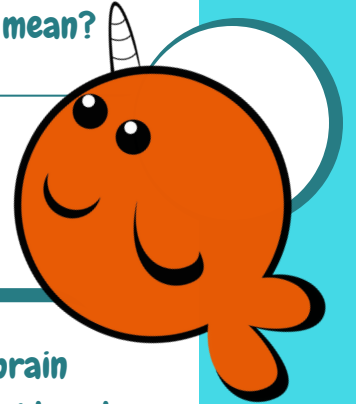
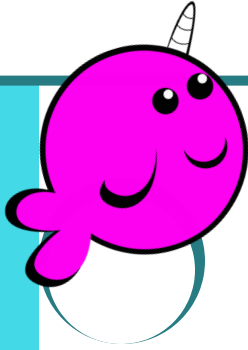


Neurodivergent,  
neurotypical, neurodiverse?  
What does it all mean?

**Neurodiversity** is the diversity of human brains. My brain might work differently than yours because of **neurodiversity**. **Neurodiversity** is a fact of life!



A person is **neurodivergent** when their brain works in ways that differ from what is considered "normal". People with developmental, intellectual, psychiatric or learning disabilities can be considered **neurodivergent**. It's the opposite of **neurotypical**.

**Neurodiverse** describes a group of people with different brain types. Our world is **neurodiverse**. One person alone cannot be **neurodiverse**, they can only be **neurodivergent** or **neurotypical**.

Want to learn more? A good resource is:  
[neurocosmopolitanism.com/neurodiversity-some-basic-terms-definitions/](https://neurocosmopolitanism.com/neurodiversity-some-basic-terms-definitions/)



[neurodiversitylibrary.org](https://neurodiversitylibrary.org)